

Code: A-P616114-M

I SEMESTER EXAM – 2025-26

2 x 240

Std.: XI

Sub: PSYCHOLOGY

Marks: 50

Date:

Roll No.: _____

Time:

Q.1 A) Fill in the blank.

- 1) According to Carl Roger's every individual strives for _____.
a. Achievement b. Self Actualization c. Status in Society
- 2) _____ period is also known as the period of identity crisis.
a. Childhood b. Middle age c. Adolescence
- 3) Psychology is a study of _____.
a. Mind b. Behaviour c. Soul
- 4) The period between conception to birth is called _____.
a. Post natal b. Perinatal c. Prenatal
- 5) The rate of development in each stage is _____.
a. Same b. Different c. Slow

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B) Match the pairs.

- 1) Patanjali – First laboratory of Psychology
- 2) Cognitive process – Satva, Rajas, Tamas
- 3) Tri-gunat – Kapha, Vaat, Pitt
- 4) Tri-doshas – Perception, thinking, memory
- 5) Wilhelm Wundt – Study of unconscious
– Ashtanga Yog

C) State whether the following statements are true or false.

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- 1) Dr. Sigmund Freud Proposed the concept of unconscious.
- 2) People with high self esteem are not necessarily the ones who are always successful.
- 3) Congruence between the Real Self and Ideal Self is an indicator of good mental health.
- 4) Development has specific and continuous pattern.
- 5) All the changes in an individual are due to development.

D) Identify the odd items from the following.

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- 1) Early childhood, Neonate, Foetus, Infancy
- 2) Goal orientation, Internal values, Feeling of superiority, Positivity
- 3) Walking, dancing, playing, thinking, eating
- 4) Yam, Niyam, Karm, Aasana, Pratyahar
- 5) Feeling, memory, attention, perception

Q.2 Explain the concept. (Any 3)

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- 1) Behaviour
- 2) Response
- 3) Self Esteem
- 4) Self Regulation
- 5) Stimulus

Q.3 Compare and contrast. (Any 2)

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- 1) Growth and Development
- 2) Maturation and Development
- 3) Abnormal Psychology and Clinical Psychology

- Q.4 Write Short Note in 50–60 words each. (Any 2)** **4**
- 1) Cognitive Psychology
 - 2) Gender Role
 - 3) Industrial Psychology
- Q.5 Answer the following in 35-40 words. (Any 4)** **8**
- 1) Explain the S–O–R model.
 - 2) What is self Image?
 - 3) What are the characteristics of individuals with self-efficacy?
 - 4) Describe the neonatal stage.
 - 5) Write a note on adulthood.
- Q.6 Answer the following questions in 150 to 200 words. (Any 1)** **8**
- 1) Explain the characteristics of Human development.
 - 2) Explain Any five branches of theoretical psychology.
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