Code: A-P616114-A

I SEMESTER EXAM – 2025-26

2 x 175

Std.: XI | Sub: PSYCHOLOGY | Marks: 50

Date: | Roll No.: _____ | Time:

Q.1 A) Fill in the blank. 5

1) The branches of Psychology which explore into relationships among different variables and human behaviour are known as _____ Psychology.
   a. Theoretical b. Applied c. Common
2) _____ process include thinking memory emotions etc.
   a. Mental b. Cognitive c. Spiritual
3) One can study the problems of adolescence in _____ .
   a. Developmental b. Social c. Cognitive
4) According to Carl Roger's every individual strives for _____ .
   a. Achievement b. Self Actoalization c. Statuse in Society
5) The rate of development in each stege is _____ .
   a. Same b. different c. slow

B) Match the pairs. 5

1)	Criminal Psychology	–	Study of unconscious
2)	Patanjali	–	Studies influence of other people upon an individed.
3)	Tri gunas	–	Ashtavga Yog
4)	Social Psychology	–	Studies Criminal behaviour
5)	Sigmund freud	–	Satva, Rajos, Tanos

C) State whether the following statement are true or false. 5

1) Psychology is a study of mind.
2) The first mental hospital in India was established in Mumbai.
3) Development proceeds from specific to general.
4) All the charges in an individual are due to development.
5) Control is one of the objectives of psychology.

D) Identify the odd items. 5

1) Feeling, memory, attention, perception
2) Yam, Niyam, Karya, Aasana, Pratyahar
3) Clinical Psychology, Industrial psychology, Sports psychology, Abnormal psychology
4) Self indulgence, self awareness, self efficacy, self esteem.
5) Goal - orientation, Internal values, Feeling of superiority, Positivity

Q.2 Explain the following concept. (Any 3) 6

1) Overt behaviour
2) Covert behaviour
3) Psychology
4) Neonatal stage
5) Adulthood

Q.3 Compare and contrast. (Any 2) 4

1) Ideal self – Real self
2) Private Self – Objective Self Awareness
3) Growth and Development

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Q.4 Write Short Note. (Any 2) 4

1) Cognitive Psychology
2) Gender Role
3) Self efficacy

Q.5 Answer the following questions. (Any 4) 8

1) What is self-Image?
2) What is meant by Self esteem?
3) Explain the S–O–R model.
4) What are the characteristics of the early childhood.
5) Write the characteristics of the late childhood.

Q.6 Answer the following questions in 150 to 200 words. (Any 1) 8

1) Explain the theory of self as proposed by Carl Roger's.
2) Describe any five applied branches of psychology