

Std.: XII

Sub: **PSYCHOLOGY**

Marks: 80

Date:

Roll No.: _____

Time:

Q.1 A) Fill in the blank.

(5)

- Psychology is a _____ science.
a) natural b) social c) biological
- _____ is an individual test of intelligence.
a) Army Alpha Test b) Army Beta Test c) Block Building Test
- _____ traits are the dominant characteristics of a person.
a) Cardinal b) Secondary c) Central
- Till 1879, psychology was a branch of _____.
a) physics b) philosophy c) physiology
- Exercising releases _____ which makes you feel good as a stress buster.
a) endorphins b) thyroxine c) insulin

B) Match the column.

(5)

A

B

- 1) Self report technique
 - 2) fear
 - 3) Paul Ekman
 - 4) Anger
 - 5) Cognitivism
- a) fight and flight
 - b) Basic Emotion
 - c) MMPI
 - d) Ulric Neisser
 - e) powerful emotion

C) True or false.

(5)

- 1) Verbal tests of intelligence can be given easily to illiterate people.
- 2) It is possible to increase emotional intelligence.
- 3) Children from families having a warm emotional atmosphere are well adjusted.
- 4) You should feel guilty for standing up for yourself.
- 5) Positive emotions energizes you.

D) Find odd one out.

(5)

- 1) Reasoning, Judgement, Decision making. Relaxing .
- 2) Concept, Schema, Solution, Mental Representation .
- 3) Reassess, React, Respond, Relax
- 4) meditation, social work, compassion, engage in hobbies
- 5) Schema, Perception, Attention, Thinking .

Q.2 Answer the following questions in 25 to 30 words (any 5)

(10)

- 1) What is fluctuation of attention?
- 2) Give three examples of top down processes in perception.
- 3) What is meant by thinking?
- 4) Describe any two processes of learning.
- 5) Explain the term facial feedback hypothesis.

Q.3 Write Short Notes (any 4)

(12)

- 1) Managing Emotions
- 2) Benefits of Emotional Well being
- 3) Non-verbal tests of intelligence
- 4) Artificial Intelligence
- 5) Importance of rationality

Q.4 Write Answer the following (any 4)**(8)**

- 1) With the help of an example write the non-verbal triggers of anger.
- 2) What are the aspects of emotional wellbeing.
- 3) What is Structured interview?
- 4) Write about James - Lange theory
- 5) Aabha is a genius girl. Her chronological age is 8 years and her mental age is 14 years. Find out her I.Q.

Q.5 Explain the concept (any 5)**(10)**

- | | |
|---------------------------|-----------------------------|
| 1) Replicability | 2) Social intelligence |
| 3) Emotional intelligence | 4) Sentence completion test |
| 5) Personality | 6) Trait |

Q.6 Answer the following questions with given points in 100 to 150 words each. (Any 2)**(10)**

- 1) Explain the factors influencing personality.

Points : (i) Family
(ii) School
(iii) Peer group
(iv) Culture

- 2) Explain the stages of creative thinking.

Points : (i) Preparation
(ii) Incubation
(iii) Illumination
(iv) Verification

- 3) Explain the various methods of personality measurement.

Points : (i) Behavioural analysis
(ii) Self report technique
(iii) Projective method

Q.7 Answer the following questions in detail. (any 1)**(10)**

- 1) Explain the core elements of thinking.
 - 2) Write in detail about the history of intelligence testing.
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